

# HUBUNGAN ANTARA *MARITAL CONFLICT RESOLUTION* DENGAN *COUPLE RESILIENCE* PADA PASANGAN *LONG DISTANCE MARRIAGE*

## ABSTRAK

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Judul Skripsi : Hubungan Antara *Marital conflict resolution* Dengan *Couple Resillience* Pada Pasangan *Long Distance Marriage*  
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Penelitian ini bertujuan untuk mengetahui hubungan *Marital conflict resolution* dengan *Couple Resillience* pada pasangan *long distance marriage* dengan meninjau keterkaitan antar dimensi dari masing – masing variabel. *Marital conflict resolution* diukur menggunakan skala *Marital conflict resolution* Murdiana, (2020). *Couple resilience* diukur menggunakan skala Sanford, (2016). Teknik pengumpulan data menggunakan pendekatan *non probability sampling* dengan teknik sampel *Accidental Sampling* dan *Purposive Sampling*. Adapun sampel penelitian sebanyak 354 responden. Hasil penelitian menunjukkan bahwa hipotesis pertama (Ha1) dan hipotesis keempat (Ha4) diterima yaitu bahwa terdapat hubungan positif antara resolusi konstruktif dengan *Positive behavior* dengan nilai  $p=0.000$  ( $sig. < 0.05$ ) dan terdapat hubungan positif antara resolusi destruktif dengan *negative behavior* dengan nilai  $0.000$  ( $sig. < 0.05$ ). Oleh karena itu maka, terdapat hubungan antara *Marital conflict resolution* pada dimensi resolusi konstruktif dengan *couple resilience* pada dimensi *Positive behavior* pada pasangan *long distance marriage* dan terdapat hubungan antara *Marital conflict resolution* pada dimensi resolusi destruktif dengan *couple resilience* pada dimensi *negative behavior*.

**Kata Kunci:** *Marital conflict resolution, couple resilience, long distance marriage*

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**RELATIONSHIP BETWEEN MARITAL CONFLICT RESOLUTION AND COUPLE  
RESILIENCE AMONG LONG DISTANCE MARRIAGE COUPLE**

**ABSTRACT**

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Dengan Couple Resillience Pada Pasangan Long  
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*This study aims to investigate the relationship between marital conflict resolution and couple resilience in long-distance marriages by reviewing the interrelations between the dimensions of each variable. Marital conflict resolution was measured using Marital Conflict Resolution Scale (Murdiana, 2020). Couple resilience was measured using Couple Resilience Scale (Sanford, 2016). Data collection employed a non-probability sampling approach using Accidental Sampling and Purposive Sampling techniques. The research sample consisted of 354 respondents. The results indicated that the first hypothesis (Ha1) and the fourth hypothesis (Ha4) were accepted. This means that there is a positive relationship between constructive resolution and Positive behavior, with a p-value of 0.000 (significant at < 0.05). Additionally, there is a positive relationship between destructive resolution and negative behavior, with a p-value of 0.000 (significant at < 0.05). Therefore, there is a relationship between marital conflict resolution in the dimension of constructive resolution and couple resilience in the dimension of Positive behavior in long-distance marriages. Similarly, there is a relationship between marital conflict resolution in the dimension of destructive resolution and couple resilience in the dimension of negative behavior.*

**Keywords:** *Marital conflict resolution, couple resilience, long distance marriage*