

## ABSTRAK

Penelitian ini bertujuan untuk melihat apakah ada perbedaan *Psychological Well Being* pada Mahasiswa tahun pertama dengan Mahasiswa yang mengambil tugas akhir di Universitas Mercu Buana selama pandemi Covid-19 khususnya mahasiswa psikologi. Pengambilan sampel dilakukan dengan teknik purposive sampling dengan jumlah subyek 94 Mahasiswa. Alat ukur pada penelitian ini adalah skala *Psychological Well Being* yang disusun berdasarkan dimensi *Psychological Well Being* yang dikemukakan oleh Ryff (1989).

Hasil penelitian menunjukkan tidak ada perbedaan *Psychological Well Being* antara mahasiswa tahun pertama dengan Mahasiswa yang sedang mengambil tugas akhir di penelitian ini dengan hasil uji coba independen yang dilakukan oleh peneliti mendapatkan hasil nilai signifikansi yang lebih dari 0,05, yaitu 0,887.

Kata kunci; *Psychological Well Being*, Covid-19



## ABSTRACT

*Comparison of Psychological Well Being in First Year Students with Students taking Final Projects at Mercu Buana University during the Covid-19 Pandemic.*

*This study aims to see if there is a difference in Psychological Well Being in first year students with students taking final assignments at Mercu Buana University during the Covid-19 pandemic, especially psychology students. Sampling was done by purposive sampling technique with the number of subjects 94 students. The measuring instrument in this study is the Psychological Well Being scale which is based on the Psychological Well Being dimension proposed by Ryff (1989).*

*The results showed that there was no difference in Psychological Well Being between first year students and students who were taking their final project in this study with the results of an independent trial conducted by researchers getting a significance value of more than 0.05, which is 0.887.*

*Keywords; Psychological Well Being, Covid-19,*

