

THE ROLE OF INTRINSIC MOTIVATION IN TEACHER WELL-BEING

ON PRESCHOOL TEACHERS

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Abstract

This research aims to analyze and examine the role of intrinsic motivation in teacher well-being. This research uses a quantitative descriptive design method with a correlational approach and uses a questionnaire to collect the data. The sampling technique in this research was non-probability sampling using an incidental sampling method and the subjects of this research were 250 PAUD teacher respondents in Jabodetabek. The data collection tool used was a questionnaire with a Likert scale using the adapted Teacher Well-Being Scale (TWBS) measuring tool from Collie et al., (2015), as well as the Motivational Orientations to Teach Survey (MOT-S) from Sinclair (2008). The results show that the simple linear regression value shows a sig value of $0.008 < 0.05$ and an R square value of 0.028, and it can be concluded that intrinsic motivation plays a 2.8% role in teacher well-being and the rest is influenced by other factors. And the level of categorization of the intrinsic motivation and teacher well-being variables is at a high level.

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Keywords: Intrinsic Motivation, Teacher Well-being, PAUD Teacher

PERAN *INTRINSIC MOTIVATION* DALAM *TEACHER WELL-BEING*

PADA GURU PAUD

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Abstrak

Penelitian ini bertujuan untuk menganalisis dan mengkaji bagaimana peran *intrinsic motivation* dalam *teacher well-being*. Penelitian ini menggunakan metode desain deskriptif kuantitatif dengan pendekatan korelasional. Teknik pengambilan sampel pada penelitian ini yaitu *non-probability sampling* dengan menggunakan metode *sampling incidental* dan terdapat sebanyak 250 responden guru PAUD yang ada di Jabodetabek. Alat pengumpulan data yang digunakan berupa kuesioner dengan skala likert menggunakan alat ukur adaptasi *Teacher Well-Being Scale* (TWBS) dari Collie et al., (2015), serta *Motivational Orientations to Teach Survey* (MOT-S) dari Sinclair (2008). Hasil menunjukkan bahwa nilai regresi linear sederhana menunjukkan nilai sig $0,008 < 0,05$ dan nilai R square sebesar 0,028, dan dapat disimpulkan bahwa *intrinsic motivation* berperan sebesar 2,8% dalam *teacher well-being* dan sisanya dipengaruhi faktor lain.

Kata kunci: *Intrinsic Motivation, Teacher Well-being, Guru PAUD*

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