ABSTRACT

The research data analysis method uses multiple linear regression methods with the IBM SPSS21 statistical test. This study is to determine the effect of work discipline and work stress on employee performance. The object of this research is employees who work at PT. Multi Artha Protasindo located in Cileungsi Bogor. This research was conducted on 60 respondents using a quantitative descriptive approach. The sampling method uses random sampling and the method of data collection uses survey methods with research instruments are questionnaires. Therefore, the data analysis used is statistical analysis in the form of multiple linear regression tests. The results of this study indicate that partially and simultaneously, the variables of work discipline and work stress affect the performance of employees at PT. Multi Artha Protasindo in Cileungsi Bogor. This is evidenced from the results of the simultaneous test (F test) and the results of the partial test (t test) also showing significant values of the two independent variables that support the hypothesis. Therefore the test results from this study state that there is a positive and significant influence between the variables of work discipline and work stress on the performance of employees of PT. Multi Artha Protasindo in Cileungsi Bogor.

Keywords: work discipline, work stress, employee performance.