

ABSTRAK

Nama : Putri Nadila Rosalinda

Nim : 46119010081

Program Studi : Psikologi

Judul Skripsi : Peran *Extrinsic Motivation* Dalam *Teacher Well-Being* Pada Guru PAUD

Pembimbing : Dr. Dearly, M.Psi., Psikolog

Tujuan dari penelitian ini adalah untuk mengkaji peran *extrinsic motivation* dalam *teacher well-being*. Penelitian ini menggunakan pendekatan kuantitatif korelasional dengan metode *cross sectional*. Teknik pengambilan sampel menggunakan metode *cluster sampling* dengan jumlah subjek sebanyak 326 responden guru PAUD di Jabodetabek. Alat pengumpulan data yang digunakan berupa kuesioner dengan skala likert menggunakan alat ukur adaptasi *Teacher Well-Being Scale (TWBS)* dari Collie et al., (2015), serta *Motivational Orientations to Teach Survey (MOT-S)* dari Sinclair (2008). Teknik analisis data menggunakan regresi linear sederhana. Berdasarkan analisis data, hasil dalam penelitian menunjukkan nilai sig $0,000 < 0,05$ dan nilai R square sebesar 0,288. Dapat disimpulkan bahwa *extrinsic motivation* berperan dalam *teacher well-being* sebesar 28,8%, sisanya dipengaruhi faktor lain. Latar belakang pendidikan, penghasilan, status guru (sertifikasi/belum sertifikasi) dan status kepegawaian merupakan variabel demografi yang membedakan *extrinsic motivation* dan *teacher well-being* guru PAUD di Jabodetabek.

Kata Kunci : *Extrinsic Motivation, Teacher Well-being, guru PAUD*

ABSTRACT

Nama : Putri Nadila Rosalinda

Nim : 46119010081

Program Studi : Psikologi

Judul Skripsi : The Role Of Extrinsic Motivation In Teacher Well-Being In Preschool Teachers

Pembimbing : Dr. Dearly, M.Psi., Psikolog

The purpose of this study is to examine the role of extrinsic motivation in teacher well-being. This study used a correlational quantitative approach with a cross-sectional method. The sampling technique used an cluster sampling method with a total of 326 PAUD teacher respondents in Jabodetabek. The data collection tool used was a questionnaire with a Likert scale using the Teacher Well-Being Scale (TWBS) adaptation measurement tool from Collie et al., (2015), as well as the Motivational Orientations to Teach Survey (MOT-S) from Sinclair (2008). The data analysis technique used simple linear regression. Based on data analysis, the results in the study showed a sig value of $0.000 < 0.05$ and an R square value of 0.288. It can be concluded that extrinsic motivation plays a role in teacher well-being by 28.8%, the rest is influenced by other factors. Educational background, income, teacher status (certification/not yet certified) and employment status are demographic variables that distinguish extrinsic motivation and teacher well-being of PAUD teachers in Jabodetabek.

Keywords : Extrinsic Motivation, Teacher well-being, Early Childhood Education Teacher