

ABSTRAK

Penelitian ini bertujuan untuk mengetahui Pengaruh *Work Family Conflict*, Stres Kerja Dan Gaya Kepemimpinan Terhadap *Burnout* Mahasiswa Kelas Karyawan Universitas Mercu Buana Jakarta, Objek penelitian ini adalah Mahasiswa Kelas Karyawan Universitas Mercu Buana Jakarta. Penelitian inidilakukan terhadap 155 responden dengan menggunakan pendekatan deskripsi kuantitatif. Metoda penarikan sampel menggunakan teknik acak sederhana. Metoda pengumpulan data menggunakan metoda survei, dengan instrument penelitian adalah kuisisioner. Metoda analisis data menggunakan Partial Least Square. Hasil penelitian menunjukkan bahwa *work family conflict* berpengaruh positif dan signifikan terhadap *burnout* Mahasiswa Kelas Karyawan Universitas Mercu Buana Jakarta dengan nilai original sample 0,372 dan T-Statistic 6,081 > 1,96. Stress kerja berpengaruh positif dan signifikan terhadap *burnout* Mahasiswa Kelas Karyawan Universitas Mercu Buana Jakarta dengan nilai original sample 0,322 dan T-Statistic 4,418 > 1,96. Gaya kepemimpinan berpengaruh negatif dan signifikan terhadap *burnout* Mahasiswa Kelas Karyawan Universitas Mercu Buana Jakarta dengan nilai original sample -0,372 dan T-Statistic 6,081 < 1,96.

Kata Kunci: *Work Family Conflict*, Stres Kerja, Gaya Kepemimpinan dan *Burnout*



ABSTRACT

This study aims to determine the Effect of Work Family Conflict, Work Stress and Leadership Style on Burnout of Employee Class Students at Mercu Buana University Jakarta. The object of this research is Employee Class Students at Mercu Buana University Jakarta. This research was conducted on 155 respondents using a quantitative description approach. The sampling method uses a simple random sampling technique. The data collection method uses a survey method, with the research instrument being a questionnaire. Data analysis method using Partial Least Square. The results showed that work family conflict had a positive and significant effect on Burnout of Employee Class Students at Mercu Buana University Jakarta with an original sample value of 0.372 and a T-Statistic of $6.081 > 1.96$. The Work stress has a positive and significant effect on Burnout of Employee Class Students at Mercu Buana University Jakarta with an original sample value of 0.322 and T-statistic $4.418 > 1.96$. Leadership style has a negative and significant effect on Burnout of Employee Class Students at Mercu Buana University Jakarta with an original sample value of -0.372 and a T-Statistic of $6.081 < 1.96$.

Keywords: Work Family Conflict, Work Stress, Leadership Style and Burnout.

