

***THE RELATIONSHIP BETWEEN ACADEMIC SELF-EFFICACY AND ACADEMIC RESILIENCE OF STUDENTS D3/S1 PROGRAM***

***A Study on the Transition of Online to Offline Learning System at Mercu Buana University Meruya Campus, West Jakarta***

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***ABSTRACT***

*This study aims to determine the relationship between academic self-efficacy and academic resilience of students D3/S1 program during the transition of the online to offline learning system at Mercu Buana University, Meruya Campus, West Jakarta. The type of research used in this study is quantitative research with correlational methods. The sampling technique used was accidental sampling technique and the sample used was 348 D3 / S1 Regular 1 and Regular 2 Students of Mercu Buana University, Meruya Campus, West Jakarta. The measuring instruments used are ARS-Indonesia and The Academic Self-Efficacy Scale (TASES). The coefficient value ( $r$ ) obtained is 0.386\*\* and a significance value of 0.000 ( $p < 0.05$ ) which means that there is a significant positive correlation with a low level of relationship between academic self-efficacy and academic resilience. So it can be concluded that if the higher the academic self-efficacy, the higher the academic resilience, and vice versa the lower the academic self-efficacy, the lower the academic resilience. although with a low level of correlation. So it can be concluded that the hypothesis in this study is fulfilled.*

***Keywords:*** Academic Self-Efficacy, Academic Resilience

# HUBUNGAN ANTARA *ACADEMIC SELF-EFFICACY* DENGAN RESILIENSI AKADEMIK MAHASISWA PROGRAM D3/S1

Studi pada Masa Peralihan Sistem Pembelajaran *Online* ke *Offline*

di Universitas Mercu Buana Kampus Meruya Jakarta Barat

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## ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara *academic self-efficacy* dengan resiliensi akademik Mahasiswa Program D3/S1 pada masa peralihan sistem pembelajaran *online* ke *offline* di Universitas Mercu Buana Kampus Meruya Jakarta Barat. Jenis penelitian yang digunakan dalam penelitian ini adalah penelitian kuantitatif dengan metode korelasional. Teknik sampling yang digunakan yaitu teknik *accidental sampling* dan sampel yang digunakan yaitu sebanyak 348 Mahasiswa D3/S1 Reguler 1 dan Reguler 2 Universitas Mercu Buana Kampus Meruya Jakarta Barat. Alat ukur yang digunakan adalah ARS-Indonesia dan *The Academic Self-Efficacy Scale* (TASES). Nilai koefisiensi ( $r$ ) yang diperoleh sebesar 0,386\*\* dan nilai signifikansi 0,000 ( $p < 0,05$ ) yang artinya terdapat korelasi positif yang signifikan dengan tingkat hubungan rendah antara *academic self-efficacy* dengan resiliensi akademik. Sehingga dapat disimpulkan bahwa apabila semakin tinggi *academic self-efficacy*, maka semakin tinggi resiliensi akademik, begitupun sebaliknya semakin rendah *academic self-efficacy* maka semakin rendah resiliensi akademik. meskipun dengan tingkat hubungan korelasi yang rendah. Sehingga dapat disimpulkan bahwa hipotesa pada penelitian ini dipenuhi.

**Kata Kunci** : *Academic Self-Efficacy*, Resiliensi Akademik