

ABSTRAK

Tujuan dari penelitian ini adalah untuk menganalisis Peran Adversity Quotient dan Self Efficacy terhadap Work Stres dengan dimediasi Kecerdasan Emosional di PT. Tripuri Mitra Nobelindo. Menggunakan sample jenuh dengan jumlah 50 orang karyawan, analisisnya kuantitatif dengan menggunakan metode pengumpulan kuesioner. Structural Equation Model (SEM) digunakan sebagai metode analisis dan Smart – PLS digunakan sebagai alat analisis. Hasil penelitian, Adversity Quotient berpengaruh negatif Signifikan terhadap Work Stres, Self efficacy berpengaruh negatif signifikan terhadap Work Stres, Adversity Quotient berpengaruh positif signifikan terhadap Kecerdasan Emosional, Self Efficacy berpengaruh positif signifikan terhadap Kecerdasan Emosional, Kecerdasan Emosional berpengaruh negatif signifikan terhadap Work Stres, Adversity Quotient tidak berpengaruh signifikan terhadap Work stress melalui Kecerdasan Emosional, dan Self Efficacy berpengaruh negatif Signifikan terhadap Work stress melalui Kecerdasan Emosional.

Kata Kunci : Adversity Quotient, Self Efficacy, Work Stres, Kecerdasan Emosional



ABSTRACT

The purpose of this study was to analyze the role of Adversity Quotient and Self Efficacy on Job Stress mediated by Emotional Intelligence at PT. Tripuri Mitra Nobelindo. Using a saturated sample with a total of 50 employees, the analysis is quantitative using a questionnaire collection method. Structural Equation Model (SEM) was used as an analytical method and Smart – PLS was used as an analytical tool. The results of the study, Adversity Quotient has a significant negative effect on Job Stress, Self efficacy has a significant negative effect on Job Stress, Adversity Quotient has a significant positive effect on Emotional Intelligence, Self Efficacy has a significant positive effect on Emotional Intelligence, Emotional Intelligence has a significant negative effect on Job Stress, Adversity Quotient does not have a significant effect on Job Stress through Emotional Intelligence, and Self Efficacy has a significant negative effect on Job Stress through Emotional Intelligence.

Keywords: Adversity Quotient, Self Efficacy, Job Stress, Emotional Intelligence

