

ABSTRAK

Penelitian ini bertujuan untuk menganalisis pengaruh disiplin kerja dan stres kerja terhadap kinerja Karyawan. Populasi dalam penelitian ini adalah 40 karyawan PT. Bank Danamon Cabang Pondok Indah. Sampel yang dipergunakan adalah seluruh populasi yaitu sebanyak 40 karyawan. Metode penarikan sampel yaitu menggunakan *sampling* jenuh. Metode pengumpulan data menggunakan metode survey, dengan instrument penelitian adalah kuesioner. Metode analisis data dalam penelitian ini menggunakan analisis regresi dengan bantuan software *Statistical Product and Service Solutions versi 21*. Sehingga diperoleh, variabel disiplin kerja dan stres kerja berpengaruh positif dan signifikan terhadap kinerja karyawan PT. Bank Danamon Cabang Pondok Indah dengan nilai koefisien determinasi sebesar 0,911. Dimana sebesar 91,1% disiplin kerja dan stres kerja memberikan dampak terhadap kinerja karyawan PT. Bank Danamon Cabang Pondok Indah.

Kata Kunci: Disiplin Kerja, Stres Kerja, Kinerja Karyawan.



ABSTRACT

This study aims to analyze the effect of work discipline and work stress on employee performance. The population in this study were 40 employees of PT. Bank Danamon Pondok Indah Branch. The sample used is the entire population as many as 40 employees. The sampling method is using saturated sampling. Methods of data collection using survey methods, with the research instrument is a questionnaire. The data analysis method in this study uses regression analysis with the help of Statistical Product and Service Solutions software version 21. so that it is obtained, work discipline and work stress variables have a effect positive and significant effect on the performance of employees of PT. Bank Danamon Pondok Indah Branch with a coefficient of determination of 0.911. Where 91.1% work discipline and work stress have an impact on the performance of employees of PT. Bank Danamon Pondok Indah Branch.

Keywords: *Work Discipline, Job Stress, Employee Performance.*

