

GAMBARAN COPING STRESS PADA IBU TUNGGAL YANG MEMILIKI ANAK DENGAN INTELLECTUAL DISABILITY

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ABSTRAK

Penelitian ini bertujuan untuk memperoleh gambaran *coping stress* pada ibu tunggal yang memiliki anak dengan *intellectual disability*. Desain penelitian ini menggunakan metode kualitatif dengan pendekatan studi kasus. Teknik pengumpulan data dengan cara observasi non-partisipan, wawancara subjek dan *significant other*. Penelitian ini menggunakan sebanyak 4 subjek penelitian. Dalam menguji keabsahan data penelitian menggunakan triangulasi data. Hasil penelitian ini menunjukkan keempat subjek tersebut melakukan *coping stress* dengan caranya masing-masing.

Kata kunci : *Coping stress, Ibu tunggal, Intellectual disability.*



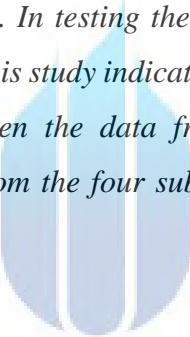
**DESCRIPTION OF COPING STRESS ON A SINGLE MOTHER WITH
INTELLECTUAL DISABLED CHILDREN**

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ABSTRACT

This study aims to obtain an overview of coping stress in single mother who have children with intellectual disabilities. This research design use a qualitative method with a case study approach. Data collection techniques using non-participant observation, subject interviews, and significant others. This study use research subjects as many as 4 people. In testing the validity of research data using data triangulation. The results of this study indicate that there is one subject where there is no significant data between the data from the research subject and other significant data. However, from the four subjects, they did coping stress in their own way.



Keyword: Coping Stress, Single Mothers, Intellectual Disabilities

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