

Experience of Dependence on Former Drug Abusers

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This study aims to understand the description of the experience of dependence former drug abusers, using qualitative methods with a phenomenological approach. In-depth interviews were conducted with three participants. The results of this study consisted of five themes which were life before abusing drugs, the process of drug abuse, experience of dependence, self-regulation, and life as a former drug abuser. The three participants interpreted their experience as something that strengthened them, even though it caused feelings of sadness and regret for two participants.

Key words: Drugs, Former drug abusers

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