

## ABSTRAK

Penelitian ini bertujuan untuk menguji dan menganalisis pengaruh Pengaruh Beban Kerja dan Kepuasan Kerja Terhadap *Burnout* dimediasi Stres Kerja Dilakukan menggunakan metode deskriptif di SD – SMP Yapis Al-Furqon dengan sampel 65 responden. Pendekatan yang digunakan adalah Structural Equation Model (SEM) dengan analisis *Partial Least Square* (PLS). Hasil penelitian menunjukkan Beban Kerja berpengaruh positif dan signifikan terhadap *Burnout*. Kepuasan Kerja berpengaruh negatif dan signifikan terhadap *Burnout*. Stres Kerja berpengaruh positif dan signifikan terhadap *Burnout*. Beban Kerja berpengaruh positif dan signifikan terhadap Stres kerja. Kepuasan kerja berpengaruh negatif dan signifikan terhadap Stres kerja. Stres Kerja memediasi secara parsial pengaruh Beban Kerja terhadap *Burnout*. Stres Kerja memediasi secara parsial pengaruh Kepuasan kerja terhadap *Burnout*.

**Kata Kunci:** Beban Kerja, Kepuasan Kerja, Stres Kerja, *Burnout*



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## **ABSTRACT**

*This study aims to examine and analyze the effect of the influence of workload and job satisfaction on burnout mediated by job stress. It was conducted using a descriptive method at SD – SMP Yapis Al-Furqon with a sample of 65 respondents. The approach used is the Structural Equation Model (SEM) with Partial Least Square (PLS) analysis. The results showed that the workload had a positive and significant effect on Burnout. Job Satisfaction has a negative and significant effect on Burnout. Job stress has a positive and significant effect on Burnout. Workload has a positive and significant effect on work stress. Job satisfaction has a negative and significant effect on job stress. Job stress partially mediates the effect of workload on burnout. Job stress partially mediates the effect of job satisfaction on burnout.*

**Keywords:** *Workload, Job satisfaction, Work Stress, Burnout.*



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