

***RELATIONSHIP BETWEEN THE ACQUISITION OF THEORY OF MIND
WITH THE DEVELOPMENT OF EMOTIONS AND BEHAVIOR IN
CHILDREN 4-6 YEARS***

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ABSTRACT

This study aims to determine whether there is a relationship between the acquisition of theory of mind on the development of emotions and behavior in children aged 4-6 years. The study was conducted at several kindergartens in Bekasi on 75 respondents aged 45 - 75 months by using purposive sampling technique and correlational study design with a quantitative approach. The measuring instrument used in this study is the theory of mind measurement scale developed by Welman & Liu and has been adapted by Risnawati (2013) and the preschool behavioral and emotional rating scale (PreBERS) from Epstein & Synhorst (2009). Theory of mind and emotional and behavioral development measuring instrument has a reliability of 0.903 for the PreBERS scale and 0.88 for the theory of mind scale. The results obtained from this study indicate the value of $r = 0.060$ $p = 0.608$ (> 0.05) which means there is no relationship between the acquisition of theory of mind on the development of behavior and emotions in children aged 4-6 years, but the correlation is weak. But significantly, theory of mind is correlated with one aspect of PreBERS which is emotional regulation.

Keywords: Theory of Mind, Emotional and Behavioral Development, Early Childhood

**HUBUNGAN ANTARA PEROLEHAN *THEORY OF MIND* DENGAN
PPERKEMBANGAN EMOSI DAN PERILAKU PADA ANAK USIA 4-6
TAHUN**

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui apakah terdapat hubungan antara perolehan *theory of mind* dengan perkembangan emosi dan perilaku pada anak usia 4-6 tahun. Studi dilakukan pada beberapa sekolah taman kanak-kanak di Bekasi pada 75 responden berusia 45 – 75 bulan dengan menggunakan teknik pengambilan sampel *purposive sampling* dan desain penelitian *correlational study* dengan pendekatan kuantitatif (*quantitative research*). Alat ukur yang digunakan pada penelitian ini adalah skala pengukuran *theory of mind* yang dikembangkan oleh Welman & Liu dan telah diadaptasi oleh Risnawati (2013) dan *preschool behavioral and emotional rating scale* (PreBERS) dari Epstein & Synhorst (2009). Alat ukur *theory of mind* dan perkembangan emosi dan perilaku memiliki reliabilitas sebesar 0,903 untuk skala PreBERS dan 0,88 untuk skala *theory of mind*. Hasil penelitian yang diperoleh dari penelitian ini menunjukkan nilai $r = 0,060$ $p = 0,608$ ($>0,05$) yang berarti tidak terdapat hubungan antara perolehan *theory of mind* terhadap perkembangan perilaku dan emosi pada anak usia 4-6 tahun, namun korelasinya lemah. Namun secara signifikan, *theory of mind* berkorelasi dengan salah satu aspek PreBERS yakni regulasi emosi.

Kata kunci: *Theory of Mind*, Perkembangan Emosi dan Perilaku, Anak Usia Dini