

**RELATIONSHIP BETWEEN SELF-EFICATION WITH
SELF REGULATED LEARNING IN CLASS IX MTs STUDENTS
PONDOK PESANTREN AL-HAMID JAKARTA**

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ABSTRACT

The purpose of this study was to determine whether there was a relationship between self-efficacy and Self Regulated Learning in class IX MTs Islamic Boarding Schools Al Hamid Jakarta. Data taken from a sample of 129 students. The measurement tool used in the General Self Efficacy self-efficacy scale consists of 10 favorable items, and the Motivated Scale Learning Question scale is 89 favorable items. The sampling technique used is accidental sampling. The analysis was tested using Pearson's correlational analysis to test the hypothesis, the T test and one way Anova to analyze the different test. The results of this study indicated that there was a positive relationship between self-efficacy and Self Regulated Learning, both in terms of aspects of cognitive regulation, aspects of motivation regulation, and aspects of behavioral regulation.

Keywords: Self-efficacy, Self Regulated Learning, Class IX students, Islamic boarding school

**HUBUNGAN ANTARA EFIKASI DIRI DENGAN
SELF REGULATED LEARNING PADA SISWA KELAS IX MTS
PONDOK PESANTREN AL-HAMID JAKARTA**

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ABSTRAK

Tujuan dari penelitian ini yaitu untuk mengetahui apakah ada hubungan antara efikasi diri dengan *Self Regulated Learning* pada siswa kelas IX MTs Pondok Pesantren Al Hamid Jakarta. Data diambil dari sampel sebanyak 129 siswa. Alat ukur yang digunakan, skala efikasi diri *General Self Efficacy* terdiri dari 10 item favorable, dan skala *Motivated Scale Learning Question* sebanyak 89 item favorable. Teknik sampling yang digunakan ialah *accidental sampling*. Analisis diuji dengan menggunakan analisis korelasional *Pearson* untuk menguji hipotesis, uji T dan *one way Anova* untuk menganalisis uji beda. Hasil dari penelitian ini menunjukkan bahwa terdapat hubungan positif antara efikasi diri dengan *Self Regulated Learning*, baik dari segi aspek regulasi kognisi, aspek regulasi motivasi, maupun aspek regulasi perilaku.

Kata kunci : Efikasi diri, *Self Regulated Learning*, Siswa kelas IX,
Pondok pesantren