THE EFFECT OF RELIGIOSITY AND BURNOUT ON WORK - FAMILY CONFLICT IN MUSLIM SHIFT HEALTH PERSONNEL

Syifa Ayu Hapsari Laila Meiliyandrie Indah Wardani

Faculty of Psychology,

Mercu Buana University

Jl. Raya Kranggan No. 6 Jatisampurna Bekasi

shifa.ayu@gmail.com

ABSTRACT

The purpose of this study was to determine the effect of religiosity and burnout on work - family conflict. The sample of this study was 210 health workers at the X Hospital located in East Jakarta. Sampling was conducted using a stratified sampling technique with a proportional approach. The instrument used to measure religiosity uses a questionnaire from Glock and Stark developed by Mahudin, Noor, Dzulkifli, & Janon, for measuring burnout using a standardized questionnaire from the Maslach Burnout Inventory (MBI-GS), developed by Maslach and Jackson, and for work-family conflict measurement is Greenhaus and Beutell and was developed by Carlson. The results showed there was a positive influence between religiosity and burnout on work - family conflict.

Keywords: religiosity, burnout, work - family conflict.