

ABSTRAK

Penelitian ini bertujuan untuk mengetahui apakah ada hubungan antara Psychological Well Being dengan Resiliensi pada Pekerja Tambang Di PT Binuang Mitra Bersama. Pengambilan sampel dilakukan dengan teknik random sampling dengan jumlah subjek sebanyak 146 orang. Alat ukur pada penelitian ini adalah skala Psychological Well Being yang disusun berdasarkan dimensi Psychological Well Being yang dikemukakan oleh Ryff (1989) dan skala resiliensi yang disusun berdasarkan dimensi resiliensi yang dikemukakan oleh Wagnild dan Young (1993). Masing-masing skala memiliki Psychological Well Being sebesar 0.959 untuk Psychological Well Being dan nilai Psychological Well Being pada skala resiliensi adalah 0,906

Hasil penelitian yang diperoleh menunjukkan nilai koefisiensi korelasi 0,713 dengan signifikansi sebesar 0,000 artinya ada hubungan yang signifikan antara Psychological Well Being dengan resiliensi pada Pekerja Tambang Di PT Binuang Mitra Bersama

Kata kunci: Psychological Well Being, resiliensi , pekerja, Tambang, Binuang



ABSTRACT

This study aims to determine whether there is a relationship between Psychological Well Being and Resilience in Mining Workers at PT Binuang Mitra Bersama. Sampling was done by purposive sampling technique with 146 subjects. The measuring instrument in this study is the Psychological Well Being scale which is arranged based on the Psychological Well Being dimension proposed by Ryff (1989) and the scale of resilience which is compiled based on the dimensions of resilience proposed by Wagnild and Young (1993). Each scale has a Psychological Well Being of 0.959 for Psychological Well Being and the value of Psychological Well Being at the scale of resilience is 0.906

The results obtained showed a coefficient of 0.713 with a significance of 0.000 there was a significant relationship between Psychology and Resilience in Mining Workers at PT Binuang Mitra Bersama

Keywords: *Psychological Well Being, resilience, workers, Mine, Binuang*

