

RELATIONSHIP OF SELF-EFFICACY AND STRESS TO EMPLOYEE  
STUDENTS THAT WORKING ON UNDERGRADUATE THESIS AT MERCU  
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ABSTRACT

The goal in this research to know the relation of self efficacy and stress to employee students that working on Undergraduate Thesis at Mercu Buana University of Kranggan D Campus. The research method used quantitative methods, subjects that in research is working employee students on Undergraduate Thesis. The sampling techniques used in this research is incidental sampling. The sample in this research are 191 respondents. Measuring instrument used in this study there are two scales namely General Self Efficacy Scale and Perceived Stress Scale. The research on using the tools in the form of SPSS 20 (Statistics Program for Scale Science 20) for windows. The results of this research show the correlation value obtained is 0.211 and the significance value  $p = 0.003 < 0.05$ . This shows that there is a positive relationship of self efficacy and stress to employee students that working on Undergraduate Thesis at of Mercu Buana University of Kranggan D Campus.

Keywords: Self-Efficacy, Stress, Employee Students