

## DAFTAR ISI

|                                     |           |
|-------------------------------------|-----------|
| ABSTRAK .....                       | i         |
| ABSTRACT.....                       | ii        |
| LEMBAR PENGESAHAN.....              | iii       |
| PENGESAHAN SKRIPSI.....             | iv        |
| PERNYATAAN.....                     | v         |
| KATA PENGANTAR.....                 | vi        |
| DAFTAR ISI.....                     | ix        |
| DAFTAR TABEL .....                  | xiii      |
| <b>BAB I PENDAHULUAN.....</b>       | <b>1</b>  |
| 1.1 Latar Belakang.....             | 1         |
| 1.2 Rumusan Masalah .....           | 10        |
| 1.3 Tujuan Penelitian.....          | 10        |
| 1.4 Manfaat Penelitian.....         | 10        |
| <b>BAB II TINJAUAN PUSTAKA.....</b> | <b>11</b> |
| 2.1 Stress.....                     | 11        |
| 2.1.1 Defenisi <i>Stress</i> .....  | 11        |

|  |    |
|--|----|
| 2.1.2 Sumber <i>Stress</i> ( <i>Stressor</i> ).....                          | 11 |
| 2.1.3 Jenis <i>Stressor</i> .....  | 13 |
| 2.1.4 Reaksi <i>Stress</i> .....   | 14 |
| 2.2 <i>Coping Stress</i> .....   | 16 |
| 2.2.1 Defenisi <i>Coping Stress</i> .....                                    | 16 |
| 2.2.2 Jenis <i>Coping Stress</i> .....                                       | 17 |
| 2.2.3 Faktor – Faktor Yang Mempengaruhi Keberhasilan <i>Coping Stress</i> .. | 20 |
| 2.3 Kematian .....   | 21 |
| 2.3.1 Defenisi Kematian .....  | 21 |
| 2.3.2 Penyebab Kematian.....   | 23 |
| 2.3.3 Macam – Macam Kematian.....  | 24 |

### **BAB III METODE PENELITIAN**

|   |    |
|---|----|
| 3.1 Pendekatan dan Jenis Penelitian .....   | 30 |
| 3.2 Subjek Penelitian .....                 | 31 |
| 3.2.1 Karakteristik Subjek Penelitian ..... | 31 |
| 3.3 Teknik Pengumpulan Data .....           | 31 |
| 3.4 Landasan Teoritis Penelitian .....      | 32 |

|                                    |    |
|------------------------------------|----|
| 3.4.1 Teknik Observasi .....       | 32 |
| 3.4.2 Teknik Wawancara .....       | 33 |
| 3.5 Instrumen Penelitian .....     | 34 |
| 3.5.1 Pedoman Wawancara.....       | 35 |
| 3.5.2 Alat Perekam .....           | 35 |
| 3.5.3 Informed Consent .....       | 35 |
| 3.6 Prosedur Penelitian.....       | 36 |
| 3.6.1 Persiapan Penelitian.....    | 36 |
| 3.6.2 Pelaksanaan Penelitian.....  | 36 |
| 3.7 Tahap Analisis Data.....       | 37 |
| 3.8 Prosedur Analisis Data .....   | 38 |
| 3.9 Triangulasi Penelitian.....    | 38 |
| 3.9.1 Triangulasi Sumber.....      | 39 |
| 3.9.2 Triangulasi Metode .....     | 39 |
| 3.9.3 Triangulasi Penyidikan ..... | 39 |
| 3.9.4 Triangulasi Teori .....      | 39 |

|   |            |
|---|------------|
| <b>BAB IV HASIL PENELITIAN, ANALISIS DAN PEMBAHASAN .....</b> | <b>41</b>  |
| 4.1 Gambaran Umum Subjek Penelitian .....                     | 41         |
| 4.2 Analisis Intrakasus.....                                  | 42         |
| 4.2.1 Gambaran dan Analisis Subjek NRS.....                   | 43         |
| 4.2.2 Gambaran dan Analisis Subjek HF.....                    | 66         |
| 4.2.3 Gambaran dan Analisis Subjek TS .....                   | 87         |
| 4.2.4 Gambaran dan Analisis Subjek YL .....                   | 107        |
| 4.3 Analisis Antar Kasus Pada Tiap Aspek.....                 | 125        |
| 4.4 Diskusi .....   | 134        |
| <b>BAB V KESIMPULAN DAN SARAN .....</b>                       | <b>135</b> |
| 5.1 Kesimpulan.....   | 135        |
| 5.2 Saran.....  | 138        |
| 5.2.1 Saran Metodologis .....                                 | 138        |
| 5.2.2 Saran Praktis .....                                     | 139        |
| <b>DAFTAR PUSTAKA .....</b>                                   | <b>140</b> |
| <b>LAMPIRAN</b>   |            |