

## DAFTAR ISI

<b>HALAMAN JUDUL .....</b>	<b>i</b>
<b>ABSTRACT.....</b>	<b>ii</b>
<b>ABSTRAK.....</b>	<b>iii</b>
<b>SURAT PERNYATAAN.....</b>	<b>iv</b>
<b>LEMBAR PENGESAHAN .....</b>	<b>v</b>
<b>LEMBAR PENGESAHAN SIDANG SKRIPSI.....</b>	<b>vi</b>
<b>KATA PENGANTAR.....</b>	<b>vii</b>
<b>DAFTAR ISI .....</b>	<b>xiii</b>
<b>BAB I PENDAHULUAN .....</b>	<b>1</b>
1.1    Latar Belakang.....	1
1.2    Rumusan Masalah .....	6
1.3    Tujuan Penelitian.....	6
1.4    Manfaat Penelitian.....	6
<b>BAB II TINJAUAN PUSTAKA .....</b>	<b>8</b>
2.1. <i>Stress</i> .....	8
2.1.1.    Pengertian Stress .....	8
2.1.2    Teori Stress Lazarus .....	9
2.1.3    Sumber Stress ( <i>Stressor</i> ) .....	10
2.1.4    Jenis <i>Stressor</i> .....	12
2.1.5    Reaksi Terhadap <i>Stress</i> .....	12
2.2    Penilaian Kognitif .....	14
2.2.1    Penilaian Primer ( <i>primary appraisal</i> ) .....	15
2.2.2    Penilaian Sekunder ( <i>secondary appraisal</i> ).....	16
2.2.3    Penilaian Kembali ( <i>reappraisal</i> ).....	16
2.3    Derajat <i>Stress</i> .....	17
2.4    Faktor-Faktor Yang Mempengaruhi Proses Penilaian .....	18
2.5 <i>Coping Stress</i> .....	19

<b>2.5.1</b>	<b>Pengertian <i>Coping Stress</i> .....</b>	<b>19</b>
<b>2.5.2</b>	<b>Fungsi <i>Coping Stress</i> .....</b>	<b>20</b>
<b>2.5.3</b>	<b>Problem Focus Coping .....</b>	<b>20</b>
<b>2.5.4</b>	<b>Emotional Focus Coping .....</b>	<b>21</b>
<b>2.5.5</b>	<b>Faktor-Faktor Yang Mempengaruhi Keberhasilan <i>Coping Stress</i>.....</b>	<b>23</b>
<b>2.5.6</b>	<b>Hambatan Dalam Menggunakan <i>Coping Stress</i>.....</b>	<b>26</b>
<b>2.6</b>	<b>Transgender .....</b>	<b>27</b>
<b>2.6.1</b>	<b>Definisi Transgender .....</b>	<b>27</b>
<b>2.6.2</b>	<b>Faktor Terjadinya Transgender.....</b>	<b>30</b>
<b>2.6.3</b>	<b>Dampak Menjadi Transgender .....</b>	<b>31</b>
<b>2.7</b>	<b>Kerangka Berpikir.....</b>	<b>31</b>
<b>BAB III METODOLOGI PENELITIAN .....</b>		<b>35</b>
<b>3.1</b>	<b>Metode Penelitian .....</b>	<b>35</b>
<b>3.2</b>	<b>Metode Pengumpulan Data.....</b>	<b>35</b>
<b>3.2.1</b>	<b>Wawancara.....</b>	<b>36</b>
<b>3.2.2</b>	<b>Observasi .....</b>	<b>37</b>
<b>3.2.3</b>	<b>Subjek Penelitian .....</b>	<b>38</b>
<b>3.2.3.1</b>	<b>Karakteristik Subjek Penelitian .....</b>	<b>38</b>
<b>3.2.3.2</b>	<b>Jumlah Subjek Penelitian.....</b>	<b>38</b>
<b>3.3</b>	<b>Alat Pengumpulan Data.....</b>	<b>38</b>
<b>3.4</b>	<b>Prosedur Penelitian.....</b>	<b>39</b>
<b>3.4.1</b>	<b>Tahap Persiapan .....</b>	<b>39</b>
<b>3.4.2</b>	<b>Tahap Pelaksanaan.....</b>	<b>39</b>
<b>3.4.3</b>	<b>Teknik Analisis Data.....</b>	<b>40</b>
<b>3.4.4</b>	<b>Keabsahan Data .....</b>	<b>41</b>
<b>BAB IV PEMBAHASAN DAN ANALISIS .....</b>		<b>42</b>
<b>4.1</b>	<b>Riwayat Partisipan Penelitian A.....</b>	<b>42</b>
<b>4.1.1</b>	<b>Gambaran Subyek A .....</b>	<b>42</b>
<b>4.1.2</b>	<b>Hasil Observasi .....</b>	<b>42</b>
<b>4.1.3</b>	<b>Latar Belakang Demografis .....</b>	<b>44</b>
<b>4.1.4</b>	<b>Gambaran <i>Stressor</i>.....</b>	<b>45</b>

<b>4.1.5</b>	<b>Gambaran <i>Coping Stress</i> .....</b>	<b>46</b>
<b>4.2</b>	<b>Riwayat Partisipan Penelitian B.....</b>	<b>55</b>
<b>4.2.1</b>	<b>Gambaran Subyek B.....</b>	<b>55</b>
<b>4.2.2</b>	<b>Hasil Observasi .....</b>	<b>56</b>
<b>4.2.3</b>	<b>Latar Belakang Demografis .....</b>	<b>57</b>
<b>4.2.4</b>	<b>Gambaran <i>Stressor</i>.....</b>	<b>58</b>
<b>4.2.5</b>	<b>Gambaran <i>Coping Stress</i> .....</b>	<b>59</b>
<b>4.3</b>	<b>Riwayat Partisipan Penelitian C.....</b>	<b>67</b>
<b>4.3.1</b>	<b>Gambaran Subyek C .....</b>	<b>67</b>
<b>4.3.2</b>	<b>Hasil Observasi .....</b>	<b>67</b>
<b>4.3.3</b>	<b>Latar Belakang Demografis .....</b>	<b>69</b>
<b>4.3.4</b>	<b>Gambaran <i>Stressor</i>.....</b>	<b>70</b>
<b>4.3.5</b>	<b>Gambaran <i>Coping Stress</i> .....</b>	<b>71</b>
<b>BAB V</b>	<b>KESIMPULAN DAN SARAN.....</b>	<b>84</b>
<b>5.1</b>	<b>Kesimpulan.....</b>	<b>85</b>
<b>5.2</b>	<b>Saran .....</b>	<b>88</b>
<b>5.2.1</b>	<b>Saran bagi Subyek .....</b>	<b>88</b>
<b>5.2.2</b>	<b>Saran bagi Keluarga Subyek .....</b>	<b>88</b>
<b>5.2.3</b>	<b>Saran bagi Masyarakat .....</b>	<b>88</b>
<b>5.2.4</b>	<b>Saran bagi Peneliti Selanjutnya.....</b>	<b>89</b>
<b>DAFTAR PUSTAKA.....</b>		<b>90</b>
<b>LAMPIRAN.....</b>		<b>92</b>