

*EFFECT OF INTRINSIC MOTIVATION AND STRESS COPING ON ACADEMIC
ACHIEVEMENTS OF PSYCHOLOGICAL STUDENTS
IN THE UNIVERSITY OF MERCU BUANA*

Abstract

The purpose of research to determine whether there is influence intrinsic motivation and coping stress on academic achievement psychology students who are thesis at the University of Mercu Buana. This research approach using quantitative method with regression technique. The subjects of the study were psychology students who were thesis at Mercu Buana University with 122 samples and sampling technique with purposive sampling. the result of the research shows that the coping stress done by the students has an effect on the academic achievement rather than the intrinsic motivation with R2 value of .003 for intrinsic motivation on academic achievement, coping stress equal to .124 to academic achievement and academic achievement of .125. Thus coping stress students can be more applied in improving student achievement University of Mercu Buana.

Keywords: intrinsic motivation, coping stress, academic achievement

**PENGARUH MOTIVASI INTRINSIK DAN *COPING STRESS*
TERHADAP PRESTASI AKADEMIK MAHASISWA PSIKOLOGI
DI UNIVERSITAS MERCU BUANA**

Abstrak

Tujuan penelitian untuk mengetahui apakah ada pengaruh motivasi intrinsik dan *coping stress* terhadap prestasi akademik mahasiswa psikologi yang sedang skripsi di Universitas Mercu Buana. Pendekatan penelitian ini menggunakan metode kuantitatif dengan teknik regresi. Subyek penelitian adalah mahasiswa psikologi yang sedang skripsi di Universitas Mercu Buana dengan 122 sample dan teknik sampling dengan *purposive Sampling* . hasil penelitian menunjukkan bahwa *coping stress* yang dilakukan mahasiswa berpengaruh terhadap prestasi akademik dibanding motivasi intrinsik dengan Nilai R^2 sebesar .003 untuk motivasi intrinsik terhadap prestasi akademik, *coping stress* sebesar .124 terhadap prestasi akademik dan prestasi akademik sebesar .125 .Dengan demikian *coping stress* mahasiswa dapat diterapkan dalam meningkatkan prestasi akademik mahasiswa Universitas Mercu Buana.

Kata Kunci : motivasi intrinsik, *coping stress* , prestasi akademik