

ABSTRAK

HUBUNGAN ANTARA *SELF- EFFICACY* GURU DENGAN TINGKAT *BURNOUT* PADA GURU INKLUSI DI SEKOLAH DASAR X DI BOGOR

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Permasalahan yang dikaji dalam penelitian ini adalah tingginya tingkat kelelahan kerja atau *burnout* yang dialami oleh guru di sekolah inklusi. Penelitian ini dilakukan untuk mengetahui pengaruh *self-efficacy* sebagai pendidik terhadap *burnout* pada guru di sekolah inklusi. Penelitian ini merupakan penelitian kuantitatif dengan desain korelasi. Penelitian ini dilakukan Sekolah Dasar X di Kabupaten Bogor. Sampelnya adalah seluruh guru di Sekolah Dasar X di Bogor yang berjumlah 22 orang. dan teknik pengumpulan data berupa kuesioner. Analisis data dilakukan dengan menggunakan korelasi *product moment*. Kesimpulan penelitian menunjukkan ada hubungan yang negatif antara *self-efficacy* dengan tingkat *burnout* pada guru Sekolah Dasar X Bogor , dimana semakin tinggi *self-efficacy* guru, maka tingkat *burnout* pada guru inklusi sekolah dasar guru makin rendah, dan sebaliknya semakin rendah *self-efficacy* guru, maka tingkat *burnout* pada guru inklusi sekolah dasar makin tinggi. Besarnya nilai korelasi yang diperoleh antara *self-efficacy* dengan tingkat *burnout* pada guru inklusi Sekolah Dasar X Bogor adalah sebesar -0,430 dengan tingkat signifikan 0,046.

Kata Kunci : *Self- Efficacy*, *Burnout*, Inklusi, Guru

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ABSTRACT

THE RELATIONSHIP BETWEEN SELF- EFFICACY TEACHERS WITH A BURNOUT FOR THE TEACHER INCLUSIONS IN PRIMARY SCHOOL X IN BOGOR

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Problems of the study in this research is high the rate of fatigue work or burnout experienced by teachers at schools inclusion. Research is aimed to determine the influence of self-efficacy as educator to burnout in teachers at schools inclusion. The research is research quantitative with the design correlation. The study is done X elementary school in Bogor regency. Sample is all teachers in primary schools X in Bogor which totaled 22 people, and techniques of data collection in the form of a questionnaire. Data analysis was done using correlation product moment. Conclusion research shows there was a correlation negative between self-efficacy with a burnout in primary school teachers X Bogor, where the higher self-efficacy teachers, so level burnout for the teacher of inclusion of primary school teachers the lower, and vice versa the lower self-efficacy teachers, so level burnout for the teacher of inclusion of primary school the higher. The magnitude of strong correlation between self-efficacy obtained with a burnout for the teacher of inclusion of primary school X Bogor is of - 0,430 with a significant degree 0,046.

Keyword : Self- Efficacy, Burnout, Inclusion, Teacher

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