

**EFFECT OF ORGANIZATIONAL CULTURE AND WORK STRESS ON
PSYCHOLOGICAL WELL BEING OF EMPLOYEES IN PT.G**

Ignasia Ratih Pratiwi

ABSTRACT

This study examines cultural influences society together and work stress on the psychological well being of employees who work in PT. Kompas Gramedia South Jakarta. The subject of research are employees who work in PT, Kompas Gramedia South Palmerah as many as 220 employees. The approach used in this study is the quantitative approach. The results showed that organizational culture and job stress has a significant impact on the psychological well being of employees, it is known that the calculated F value of $53,440 > F tabel 3,037$. It can be concluded that organizational culture and work stress significantly influence the psychological well being of employees who work in PT. Kompas Gramedia, South Jakarta.

Keywords: *Organizational Culture, Job Stress, Psychological Well Being*

PENGARUH BUDAYA ORGANISASI DAN STRES KERJA TERHADAP

PSYCHOLOGICAL WELL BEING PADA KARYAWAN DI PT.G

Ignasia Ratih Pratiwi

ABSTRAK

Penelitian ini menguji pengaruh budaya orgnisasi dan stres kerja terhadap *psychological well being* pada karyawan yang bekerja di PT. Kompas Gramedia Jakarta Selatan. Subjek penelitian merupakan karyawan yang bekerja di PT, Kompas Gramedia Palmerah Selatan sebanyak 220 orang karyawan. Pendekatan penelitian yang digunakan adalah pendekatan kuantitatif. Hasil penelitian menunjukkan bahwa budaya organisasi dan stres kerja memiliki pengaruh yang signifikan terhadap *psychological well being* pada karyawan, diketahui bahwa nilai F hitung sebesar $53,440 > F$ tabel 3,037. Dapat disimpulkan bahwa budaya organisasi dan stres kerja berpengaruh secara signifikan terhadap *psychological well being* pada karyawan yang bekerja di PT. Kompas Gramedia, Jakarta Selatan.

Kata Kunci: Budaya Organisasi, Stres Kerja, *Psychological Well Being*