

ABSTRACT

Muhammad Luthfi (46106020017) “ *The Effect of Social Skilled Training Toward Aggressive Behavior of Kindergarten Students*”

The aim of this research was to know whether social skills training could reduce aggressive behavior of play group children aged 4 to 5 years. Participants were children (N=20) of grade A, consisting 10 experimental group children and 10 control group children in each grade. Data were collected through class observations, teacher's daily annotations, and interviews. Subject matter of the training focuses on basic social interaction skills, expressing feeling skills, social relationship skills, and conflict management skills. Training were conducted during 1 month, 2 meetings a week, and lasting 45 minutes at each meeting. Data analysis was performed applying Independent Samples T Test. Research result show a significant outcome hence it can be concluded that the social skills training particularly expressing feelings skills and management conflict could give a very important role to reduce children's aggressive behavior.

Key words: social skills, aggressive behavior, child development.

ABSTRAK

Muhammad Luthfi (46106020017) “ *Pengaruh Pelatihan Keterampilan Sosial Terhadap Tingkat Perilaku Agresif Siswa TK*”

Penelitian ini bertujuan menguji apakah pelatihan keterampilan sosial dapat menurunkan agresivitas anak dengan rentang usia 4-5 tahun. Subjek penelitian (N=20) adalah anak TK A (10 anak kelompok eksperimen 10 anak kelompok kontrol). Data diperoleh melalui pengamatan kelas catatan harian (anekdot) guru, dan wawancara. Materi pelatihan difokuskan pada keterampilan dasar interaksi sosial, keterampilan mengekspresikan perasaan/emosi, keterampilan hubungan sosial, dan keterampilan mengelola konflik. Pelatihan diberikan selama 1 bulan, 2 kali pertemuan tiap minggu, dengan durasi waktu 45 menit untuk tiap pertemuan. Analisis data dilakukan dengan menggunakan T Tes Sampel Independen. Hasil penelitian menunjukkan nilai bermakna, sehingga dapat disimpulkan bahwa pelatihan keterampilan sosial dan khususnya dimensi keterampilan mengekspresikan perasaan/emosi dan keterampilan mengelola konflik merupakan dimensi keterampilan sosial yang sangat berperan dalam menurunkan tingkat agresivitas anak.

Kata kunci: keterampilan sosial, perilaku agresif, perkembangan anak.