CORRELATION BETWEEN SELF-CONTROL AND PREMARITAL SEXUAL BEHAVIOR IN STUDENTS OF SMK X

Desyi Sofiyani

ABSTRACT

This research was purposed to determine the correlation between self-control and premarital sexual behavior using the quantitative method. The research sample was taken with probability technique by applying disproportionate stratified random sampling method to 218 peoples. The data was collected from two scales, both are self-control scale and premarital sexual behavior scale. The data was collected using the questionnaires distributed into respondents directly, and to process the data using 17th Version of SPSS (statistical package for social science) programme. Quetionner respond result was analyzed by using technique of Pearson Correlation Coefficient Test.

The calculation result of pearson correlation coefficient test, shows score of p 0,000 which that means < 0,05 so H_0 is denied. The result score of coefficient correlation between self-control and premarital sexual behavior is -0,763.

Thus, it can be concluded that there is a correlation between self-control and premarital sexual behavior. The score of correlation is negatively obtained, which means if X variable (self-control) is decreasing , so Y variable (premarital sexual behavior) will be increasing. The result score of coefficient correlation shows the correlation between the self-control and premarital sexual behavior having a strong cohesion.

Key words   : Self-control and Premarital sexual behavior.

HUBUNGAN ANTARA KONTROL DIRI DAN PERILAKU SEKSUAL PRANIKAH PADA SISWA SMK X

Desyi Sofiyani

ABSTRAK

Penelitian ini bertujuan untuk mengetahui ada tidaknya hubungan antara kontrol diri dan perilaku seksual pranikah dengan menggunakan metode kuantitatif. Sampel penelitian diambil dengan teknik *probability sampling* dengan menggunakan metode *disproportionate stratified random sampling* sebanyak 218 orang. Data dikumpulkan dari dua skala yaitu skala kontrol diri dan skala perilaku seksual pranikah. Pengumpulan data menggunakan kuesioner yang langsung dibagikan kepada responden. Proses pengolahan data menggunakan program SPSS (*Statistical Package For Sosial Science)* versi 17. Hasil respon kuesioner dianalisis dengan menggunakan teknik uji korelasi *pearson*.

Hasil perhitungan uji korelasi *pearson* diperoleh nilai p 0,000 yang berarti < 0,05 maka H_0 ditolak. Nilai koefisien korelasi antara kontrol diri dan perilaku seksual pranikah yang diperoleh sebesar –0,763.

Dengan demikian dapat disimpulkan bahwa terdapat hubungan antara kontrol diri dan perilaku seksual pranikah. Nilai korelasi yang didapat negatif berarti jika variabel X (kontrol diri) mengalami penurunan maka variabel Y (perilaku seksual pranikah) akan mengalami kenaikan.

Kata kunci   : Kontrol Diri dan Perilaku Seksual Pranikah