

# **A DESIGN PROPOSAL OF CUTTING EXERCISE BOOK AS A FINE MOTOR SKILLS EXERCISE ON EARLY CHILDHOOD EDUCATION**

Written Project Report

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## **ABSTRACT**

Children need a lot of exercises to support their physical growth, especially on their fine motor skills, in order to have more strength on their hands and fingers as they hold their pencils to write. One of the exercise to support a good fine motor skill is cutting exercise. Parents and educators might find it hard to get a teaching media that will specifically help children to develop their cutting skills. Therefore, a book that will answer this need is needed.

This exercise book is designed with the intention of creating a teaching media that focuses on helping children to develop their cutting skills. The purposes are: (1) To help children practice their cutting skills in achievable steps. (2) To help educators prepare a teaching media that develops children's cutting skills. (3) To help parents in getting right information on their children's fine motor development and to give guidance on how they can help develop their children's cutting skills.

This exercise book is designed attractively and safe for children. This book may be reproduced and distributed directly to the market.

**Keyword:** exercise book, cutting skill, fine motor skills, early childhood education

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# **PERANCANGAN BUKU MENGGUNTING SEBAGAI PELATIHAN MOTORIK HALUS PADA PAUD**

Pertanggungjawaban Tertulis  
Program Studi Desain Produk  
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## **ABSTRAK**

Dalam pertumbuhan fisik anak-anak membutuhkan pelatihan, terutama pelatihan motorik halus, sehingga tangan dan jari mereka menjadi lebih kuat ketika memegang pensil untuk menulis. Salah satu kegiatan pelatihan motorik halus adalah menggunting. Tenaga pendidik dan orangtua mengalami keterbatasan dan kesulitan mencari media pembelajaran menggunting di pasaran, sehingga diperlukan buku yang sesuai dengan kebutuhan pelatihan menggunting untuk anak-anak.

Maksud dari perancangan ini adalah: membuat media dalam bentuk buku pelatihan menggunting untuk anak-anak. Tujuannya: (1) Membantu anak-anak berlatih menggunting dengan beberapa tahap pelatihan. (2) Membantu tenaga pendidik dalam mempersiapkan media pelatihan menggunting. (3) Orangtua mendapatkan informasi yang tepat dan dapat melatih anak-anaknya menggunting.

Buku pelatihan menggunting ini, dirancang menarik dan aman untuk anak-anak dan dapat diproduksi secara massal dan dapat dipasarkan langsung ke masyarakat.

**Kata kunci:** buku pelatihan, menggunting, motorik halus, PAUD

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