

**RELATIONSHIP BETWEEN EMOTIONAL REGULATION OF EMPLOYEE
ENGAGEMENT IN ELDERLY CAREGIVER ELDERLY SOCIAL
TRESNA WERDHA JAKARTA**

ABSTRACT

This research aims to determine relationship between emotion regulation with employee engagement in elderly caregiver at Panti Tresna Werdha Jakarta. This study uses a quantitative approach. This research was conducted in 3 Tresna Elderly Social Institution in Jakarta namely Tresna Elderly Social Institution Budi Mulia 1, Budi Mulia 2, and Budi Mulia 4. The subject of this study of 87 caregivers in Tresna Elderly Social Institution Jakarta. Data collection of the samples in this study using simple random sampling technique. The analytical method used is the technique of Pearson product moment correlation and with the help of Statistical Package For Social Science (SPSS) version 22 for Windows. From the test results obtained by statistical analysis of correlation coefficient of $r_{(xy)} = 0.227$ with a chance of error (p) of 0.035. It can be concluded that there is a positive relationship between emotion regulation with employee engagement in elderly caregiver in Tresna Elderly Social Institution Jakarta.

Keywords: *emotion regulation, employee engagement, caregiver*



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HUBUNGAN ANTARA REGULASI EMOSI DENGAN *EMPLOYEE ENGAGEMENT* PADA *CAREGIVER* LANSIA DI PANTI SOSIAL TRESNA WERDHA DKI JAKARTA

ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara regulasi emosi dengan *employee engagement* pada *caregiver* lansia di Panti Sosial Tresna Werdha DKI Jakarta. Penelitian ini menggunakan pendekatan kuantitatif. Penelitian ini dilakukan di 3 Panti Sosial Tresna Werdha di DKI Jakarta yaitu Panti Sosial Tresna Werdha Budi Mulia 1, Budi Mulia 2, dan Budi Mulia 4. Subjek penelitian ini berjumlah 87 *caregiver* di Panti Sosial Tresna Werdha DKI Jakarta. Teknik pengumpulan sampel dalam penelitian ini menggunakan teknik sampel acak sederhana. Metode analisis yang digunakan adalah teknik korelasi *productmoment* dari Pearson dan dengan bantuan *Statistical Package For Sosial Science (SPSS)* versi 22 for windows. Dari hasil uji analisis statistik diperoleh nilai koefisien korelasi sebesar $r_{(xy)} = 0,227$ dengan peluang kesalahan (p) sebesar 0,035. Maka dapat disimpulkan bahwa ada hubungan positif antara regulasi emosi dengan *employee engagement* pada *caregiver* lansia di Panti Sosial Tresna Werdha DKI Jakarta.

Kata kunci : *regulasi emosi, employee engagement, caregiver*



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